

Tempered Resilience by Tod Bolsinger explores how Christian leaders can develop the inner strength and character needed to lead through deep and often painful change. Drawing on biblical wisdom, leadership theory, and insights from the process of blacksmithing, Bolsinger presents the idea that resilience is not something we are born with, but something formed in us—tempered—through stress, pressure, and faithful perseverance.

The book outlines a model for how leaders can be “formed, not fractured” by the heat of leadership challenges. Bolsinger emphasizes the importance of adaptive leadership, spiritual practices, community support, and self-reflection in shaping resilient leaders who can hold both conviction and compassion in turbulent times.