

# ABCUSA MATTHEW 25 GRANT APPLICATION

A generous donor has given a sum of money through American Baptist Churches USA to be used for programs that address "housing, feeding, education and health with regard to the less fortunate." A panel will select recipients for grants of up to \$5,000 largely based on the degree to which the funds will be used to directly assist persons in poverty. Ministries must be in relationship with American Baptist Churches USA to be eligible to apply, and only one application per church or ministry will be considered per year. Grant funds may not be used to fund staff positions. Grant awards will be sent to the ABC church or organization, checks will not be made payable to an individual or ministry.

1. General Information:

Organization Name Faith Community Baptist Church  
Affiliation with ABCUSA (Check made payable to) Faith Community Baptist Church  
Mailing Address Post Office Box 200160  
Denver, CO 80220  
Phone 303.873.9622 Federal Tax ID# 84-0412007  
Contact person Sharon DeHart/Katherine "Kay" Farley email sharondehart43@yahoo.com  
or kfarley40@comcast.net

2. Please submit with your application a copy of:

- Your mission statement
- A financial statement FOR THIS MINISTRY. This can be a budget or projected budget, and should not exceed 2 pages. Church budgets are not acceptable.

3. How do you plan to use the requested funds? How will the funds specifically assist individuals battling poverty and its effects? (Please submit on separate sheet. Maximum of one page.)

4. Total cost of the project \$5000.00

5. Amount being requested from the ABCUSA Matthew 25 Grant \$5000.00

6. Your other funding source(s) Funding will be the Ministry Church Budget and Volunteer time.

I certify that all the information submitted with this application is true and correct, and that we will use any granted funds as described. We will supply a 1-page report on the use of the funds and a photo within six months of receipt of the grant.

(Signed) Deacon Sharon DeHart or Reverend Katherine "Kay" Farley Date 3/01/2016

Printed Name/Title Deacon Sharon DeHart or Reverend Katherine "Kay" Farley,

**Please note:**

- ☐ Incomplete applications will not be considered.
- ☐ Recipients agree to share their stories via the ABCUSA website.
- ☐ Application deadline is March 1 for grants distributed on April 15; Sept. 1 for grants distributed on Oct. 15
- ☐ Completed applications should be sent via email to [Tina.Turner@abc-usa.org](mailto:Tina.Turner@abc-usa.org). Only electronic submissions will be accepted.



## Faith Community Baptist Church

**2. Mission Statement:** To create a global community of worship for God-loving, Spirit filled men and women and children operating in Faith to restore hope and to empower the lost, lonely, hurting and unchurched in accordance with the Great Commandment and the Great Commission.

### Financial Statement for this Ministry

CPR/First Aid	\$50/for 12 people	600.00
Fit Link	\$100/12	1200.00
Laptop Computer	\$800.00/1	800.00
PPT Projector	\$600.00/1	600.00
Digital Camera	\$600.00/1	600.00
Nutritionist	\$150.00/3 hours	150.00
Registered Nurse	\$150.00/3 hours	150.00
Relaxation Therapist	\$150.00/3 hours	150.00
Blood Pressure Cuffs	\$50.00/3	150.00
Weighing Scale/300lbs.	\$100.00/1	100.00
Miscellaneous	\$400.00	500.00
Total Cost		\$5000.00

3. The funding will be used to increase awareness of the affects of mental health, high blood pressure and diabetes, in our church and surrounding communities. The communities surrounding our church are listed in the lower economic bracket of metro Denver. It is a diverse community that includes numerous individuals who are less fortunate and are struggling to meet the Affordable Care Act requirements for health care thereby not included in their policies is wellness. We feel that in addition to the assistance they may be receiving we can enhance their quality of life by providing an alternative will enhance the Health Care they are receiving while in an environment that increases healthy choices. The targeted groups are single-family homes, homes where grandparents are taking on the responsibilities of raising children or two parent homes with one income. Our church has been active in providing food, school supplies and other needs but we understand individuals need to become healthier to sustain them for living a longer life. Where necessary as individuals enter our doors we would also provide them with information on where to attain additional assistance.

The statistics show in the United States that about 77.9 million (1 out of every 3) adults have high blood pressure.

Data from NHANES form 2007-2010 showed that of those with high blood pressure

- 81.5% are not aware they have it
- 74.9% are under current treatment
- 52.5% have it under control

Among adults age 20 and older in the United States the following have high blood pressure:

- non Hispanic Whites, 33.4% men, 30.7% women
- non Hispanic Blacks, 42.6% men, 47.0% women
- Mexican Americans, 30.1% men, 28.8% women

Projections show that by 2030, prevalence of hypertension will increase 7.2% from 2013 estimates.

We also, recognize that diabetes in children is increasing and in most public school systems exercise is no longer being taught or if it is taught it is the first to be eliminated from the school curriculum.

The need for mental health is not new on the horizon but as a church we want to be in a position to at least assistance those individuals with maintaining their physical body.

Members of the clergy now suffer from obesity, hypertension and depression at rates higher than most Americans. In the last decade, their use of antidepressants has risen, while their life expectancy has fallen.

There as a result of these statistics, we at Faith Community Baptist Church feel by certifying, as many member of our congregation for CPR/First Aid will all us to assist individuals in our church and communities. Challenging those who have hypertension to volunteer to improve their nutrition, track their movements and have them recorded so that they can be improved or applauded, thereby improving our physical bodies as well as our Spiritual bodies in our church and community. We would take pictures at the beginning and at agreed upon intervals, chart progress and use the information to inspire our selves as well as others. We would include weight progress during those intervals. We do not view this project as a one-year project but one that would be maintained as a ministry.

1. 12-15 individuals become CPR/First Aid certified
2. Once a week exercise classes which will include stretching to relieve stress
3. Tracking devices will record activity and be stored on the computer
4. Maintain a photo archive

The expected end results would be a decrease in blood pressure in the church (which would decrease the silent killer strokes) and a proven template to be used to assist others in the communities where we provide outreach activities. We would also be able to send individuals to the appropriate agencies for assistance with mental health issues and dispel the myth that they are not viable citizens.