

## *Rhythms of the Spirit* (November, 2018 report)

Do you struggle for balance between prayer and activity?  
Do you long for a rhythm of the day that supports your spiritual journey?  
More energy for compassion, peace and justice?

This conference, offered in a retreat style, provides a unique opportunity to explore the transformed life and discover contemplative practices that invite us into deeper engagement with the needs of the world.

We'll focus on your own spiritual practice providing time to develop solitude and silence, creating the expansive space necessary to welcome God's voice. If you desire spiritual direction, each conference will provide the opportunity for you to meet one-on-one with a spiritual companion.

Two retreats in 2018.

1. West Coast: June 4 - 8, 2018 River View Retreat near Eugene, OR. Sponsored by Steve Bils and the American Baptist Churches of the Central Pacific Coast. This was a beautiful retreat with 12 participants representing 5 ABC of Oregon churches.

2. East Coast: October 29 - November 2, 2018 Camp Wightman near Hartford, CT

Sponsored by Harry Riggs and the American Baptist Churches of Connecticut

Respectfully submitted,

Rev. Brad Berglund